

## *Colonoscopy Instructions (Golytely Prep)*

DATE: \_\_\_\_\_

Follow Up: \_\_\_\_\_

***THE FACILITY WILL CALL YOU 48 HOURS PRIOR TO YOUR DATE WITH ARRIVAL TIME***

Orange City Surgery  
975 Town Center Drive  
Orange City, FL  
386-456-5247

Lake Mary Surgery  
460 St Charles Court  
Lake Mary, FL  
407-585-0263

FL Hospital FISH  
1055 Saxon Blvd  
Orange City, FL  
386-917-5000

### **Instructions:**

- 5 days before, do not take any: Aspirin, Aleve, Motrin, Naprosyn, Celebrex, Ibuprofen, Iron supplements, vitamins or herbal supplements.
- Stop taking Plavix, Aggrenox, or Coumadin 5 days prior to procedure. Continue taking routine medications, including blood pressure and heart medications.
- If diabetic, do not take your medication the night before or the morning of procedure.
- No solid foods after midnight 2 days before procedure.

### **Day before procedure:**

Full liquid diet for breakfast. Examples include: cream soups, breakfast shakes.

Clear liquid diet after starting your prep. Examples include: water, sodas, tea, black coffee, jell-o, popsicles, clear juices (apple, white grape), chicken or beef broth. **Please no red products.**

### ***If your procedure is before 10 AM:***

1. At 4 p.m. the day prior to the procedure begin drinking **Golytely** solution, drink 8 oz. glass every 10-15 minutes until you finish the entire bottle.

### ***If your procedure is after 10 AM:***

1. Drink ½ of your container of Golytely the day prior to the procedure at 5pm.
2. The *Morning of the Procedure* you will need to wake up 5 hours before the exam to finish the remainder of your prep.

You may drink clear liquids (Water, apple juice, white grape juice) until 3 hours prior to the procedure.

You must have a driver to take you home.

**Please allow a 48 hour notice for cancellation or there will be a \$100 charge.**

***Please visit us on the web at [GreaterOrlandoGI.com](http://GreaterOrlandoGI.com) !***