

## INSTRUCTIONS FOR FLEX SIGMOIDOSCOPY

Procedure Date: \_\_\_\_\_ Follow Up Visit: \_\_\_\_\_

The facility will call you **2 business days** prior to your procedure with the arrival time

FACILITY	ADDRESS	PHONE#
ORANGE CITY SURGERY CENTER	975 Town Center Dr Orange City Fl	386-456-5247
LAKE MARY SURGERY CENTER	460 ST Charles Court Lake Mary Fl	407-585-0263
FHC PLANS SURGERY CENTER	2777 Enterprise Rd Orange City Fl	386-481-6282
FL HOSPITAL FISH MEMORIAL	1055 Saxon Blvd Orange City Fl	386-917-5000

### Instructions:

- Five days before do not take any Aspirin, Advil, Aleve, Motrin, naprosyn, Celebrex, Trental, Relafen, all vitamins and herbal supplements. It is safe to take Tylenol as a pain reliever.
- Stop taking Coumadin and Plavix five days prior to procedure. Continue taking routine medications, including blood pressure and heart medications.
- If diabetic, do not take diabetic medications the night before and the morning of procedure.
- Nothing to eat or drink after midnight the day before procedure. You may take any necessary medications with a sip of water.

### Day before procedure:

- Clear liquid diet
- At 6 p.m. do 2 bottles of Magnesium Citrate
- Morning of procedure do 1 Fleet Enema
- **You must have a driver.**

Please allow a **5 business day notice for cancellation** or there will be a **\$200 charge**.

Please call the office if you have any questions or concerns.

Please visit us on the web at ***GreaterOrlandoGI.com!***