

## InterStim Preparation

**Procedure date:** \_\_\_\_\_ **Follow up:** \_\_\_\_\_

*The facility will call you with the time **2 business days** prior to your procedure date*

| FACILITY                   | ADDRESS                           | PHONE#       |
|----------------------------|-----------------------------------|--------------|
| ORANGE CITY SURGERY CENTER | 975 Town Center Dr Orange City Fl | 386-456-5247 |

### **What is InterStim ?**

Medtronic Bowel Control Therapy delivered by the InterStim system controls the symptoms of FI by gently stimulating the sacral nerve. With this therapy, you may experience fewer episodes, fewer accidents, and more confidence as you get back to the activities you enjoy.

### **Preparation**

- No solid food after midnight
- Clear liquids up to 3 hours prior to arrival time. ( includes gum and mints)
- 5 days prior to procedure: **DO NOT** take iron pills or medications that may cause bleeding. These medications may include: Plavix, Coumadin, & Aspirin. You **MUST** stop any anti-inflammatory type drugs including: Aspirin, Ibuprofen, Motrin, Advil, Naprosyn, Naproxen, & Diclofenac.
- Dress comfortably

Please allow a **5 business day notice** for any cancellation or there will be a **\$200 charge**.

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