

## INSTRUCTIONS FOR (ENDOSCOPY) EGD

Procedure Date: \_\_\_\_\_ Follow Up Visit: \_\_\_\_\_

The facility will call you **2 business days** prior to your appointment with the arrival time

Location:

FACILITY	ADDRESS	PHONE#
ORANGE CITY SURGERY CENTER	975 Town Center Dr Orange City Fl	386-456-5247
LAKE MARY SURGERY CENTER	460 ST Charles Court Lake Mary Fl	407-585-0263
FHC PLANS SURGERY CENTER	2777 Enterprise Rd Orange City Fl	386-481-6282
FL HOSPITAL FISH MEMORIAL	1055 Saxon Blvd Orange City Fl	386-917-5000

Instructions:

- Continue taking routine medications, including blood pressure and heart medications.
- If diabetic, only take ½ of your usual dose the morning of procedure.
- Before stopping any blood thinner, please discuss with your prescribing provider.
- Hold Coumadin, Plavix, Effient, Brilinta for 5 days before your procedure.
- Hold Pradaxa, Eliquis, and Xarelto for 2 days before your procedure.
- **5 days** before, do not take any: Aleve, Motrin, Naproxen, Ibuprofen – Tylenol is safe to use
- **5 days** before, discontinue iron supplements, vitamins, or herbal supplements
- No solid foods after midnight and you can drink **clear** liquids (**NO REDS/DARK COLORS**) until 3 hours before the procedure. At the 3 hour mark, nothing by mouth including water. You may take any necessary medications with a small sip of water.
- You **must have a driver** to bring you and be prepared to take you home.

Please call the office if you have any questions or concerns.

**Please allow a 5 business day notice for cancellation or there will be a \$200 charge.**

*Please visit us on the web at **GreaterOrlandoGI.com** !*