



Gastroenterology
of Greater Orlando

Vishal Gupta M.D.
Arvind Gopal M.D.
Karl Mersich M.D.
Kaleem Ahmed M.D.
Dany Shamoun M.D.
Jennifer Sinclair M.D.
Rajiv Sharma M.D.
Board Certified in Gastroenterology

Abdominal Ultrasound Prep Instructions

Test Date: _____ Time: _____ Follow – up: _____ Time: _____

How to prepare:

- FAST for eight hours before an abdominal ultrasound.
- Food and liquids in your stomach (and urine in your bladder) can make it difficult for the technician to get a clear picture of the structures in your abdomen.
- It is ok to have a small amount of water and continue taking regularly prescribed medications

Before the procedure:

Before the abdominal ultrasound, you may be asked to change into a gown and to remove any jewelry. You'll be asked to lie on your back on an examination table. The Ultrasound Tech will provide detailed instructions at the time of the exam

During the procedure

A trained technician (sonographer) performs the abdominal ultrasound. The technician applies a small amount of warm gel to your abdomen. The gel works with the ultrasound device, called a transducer, to provide better images. The sonographer gently presses the transducer against your stomach area, moving it back and forth. The device sends signals to a computer, which creates images that show how blood flows through the structures in your abdomen. A typical ultrasound exam takes about 30 minutes to complete. It's usually painless.

After the procedure

You should be able to return to normal activities immediately after an abdominal ultrasound.

Risks

Abdominal ultrasound is a safe procedure that uses low-power sound waves. There are no known risks.

Results

After an abdominal ultrasound, your doctor will discuss the results with you at a later time.

Print Name: _____ DOB: _____

Patient Signature: _____ Date: _____

2884 Wellness Ave
Orange City, FL 32763
(386) 668-2221

929 N Spring Garden
Ave Ste. 150
DeLand, FL 32720
(386) 469-7993

795 Primera Blvd, Ste. 1001
Lake Mary, FL 32746
(407) 749-6656