

Vishal Gupta M.D.
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 Kaleem Ahmed M.D.
 Dany Shamoun M.D.
 Jennifer Sinclair M.D.
 Arvind Gopal M.D.

Colonoscopy Instructions (SUTAB)

Procedure Date: _____ Follow Up Date and Time: _____

The facility will call you with the time 2 business days prior to your procedure date

FACILITY	ADDRESS	PHONE#
ORANGE CITY SURGERY CENTER	975 Town Center Dr., Orange City FL	386-456-5247
LAKE MARY SURGERY CENTER	460 ST Charles Court, Lake Mary FL	407-585-0263
FHC PLANS SURGERY CENTER	2777 Enterprise Rd, Orange City FL	386-481-6282
FL HOSPITAL FISH MEMORIAL	1055 Saxon Blvd, Orange City FL	386-917-5000
CENTRAL FLORIDA REGIONAL HOSPITAL	1401 West Seminole Blvd, Sanford FL	888-894-2106
RINEHART SURGERY CENTER	392 Rinehart Rd Suite 1090, Lake Mary FL	321-363-9400

INSTRUCTIONS:

- Continue taking routine medications, including blood pressure and heart medications.
- If diabetic, only take ½ of your usual dose the morning of procedure.
- Before stopping any blood thinner, please discuss with your prescribing provider.
- Hold Coumadin, Plavix, Effient, Brilinta for 5 days before your procedure.
- Hold Pradaxa, Eliquis, and Xarelto for 2 days before your procedure.
- **5 days** before, discontinue iron supplements, vitamins, or herbal supplements
- **5 days** before, do not take any: Aleve, Motrin, Naproxen, Ibuprofen – Tylenol is safe to use.
- **You must have a friend or family member drive you to and from the facility. NO FORM OF TAXI SERVICE IS PERMITTED.**

DAY BEFORE PROCEDURE:

Do Not Eat Any Solid Food the Entire Day Before the Procedure!

Have a clear liquid diet throughout the day. Avoid liquids that are red or purple in color such as red grape or cranberry juice. Avoid ALL dairy products and juices with pulp such as orange or grapefruit juice. You can drink **clear** liquids (**NO REDS/DARK COLORS**) until 3 hours before the procedure. At the 3-hour mark, nothing by mouth including water. You may take any necessary medications with a small sip of water **but no later than 3 hours prior to your procedure.**

Clear Liquids include the following:

- Soups:** Broth (chicken, beef or vegetable)
- Juices:** White grape juice, Apple etc.
- Desserts:** Jell-O, Italian Ice, Popsicles, etc.
- Sports Drinks:** Powerade, Gatorade, Propel
- Beverages:** Tea, Kool-aid, Water, Black Coffee

2884 Wellness Ave
 Orange City, FL 32763

929 N Spring Garden Ave.
 Deland, FL 32720
 Phone# 386-668-

795 Primera Blvd, Ste. 1001
 Lake Mary, FL 32746
 2221

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The day before your procedure start drinking clear liquids first thing in the morning.

If your procedure is <u>BEFORE</u> 12PM (noon)	If your procedure is <u>AFTER</u> 12PM (noon)
1. At 5:00PM- Open 1 bottle of 12 tablets	1. At 7:00PM- Open 1 bottle of 12 tablets
2. Take 3 tablets every 15 minutes. Swallow each tablet with water. The goal will be to take all 12 tablets and drink 16 oz. of water over the next hour.	Take 3 tablets every 15 minutes. Swallow each tablet with water. The goal will be to take all 12 tablets and drink 16 oz. of water over the next hour.
3. One hour after you take the last tablet, drink 16 ounces of water. Repeat this again in 30 minutes.	3. One hour after you take the last tablet, drink 16 ounces of water. Repeat this again in 30 minutes.
4. At 10:00PM Open the second bottle of 12 tablets.	4. At 6:00AM- Open the second bottle of 12 tablets.
5. Take 3 tablets every 15 minutes. Swallow each tablet with water. The goal will be to take all 12 tablets and drink 16 oz. of water over the next hour.	5. Take 3 tablets every 15 minutes. Swallow each tablet with water. The goal will be to take all 12 tablets and drink 16 oz. of water over the next hour.
6. Continue drinking clear liquids up until 3 hours before arrival time.	6. Continue drinking clear liquids up until 3 hours before arrival time.

Please allow a 5 business day notice for cancellation or there will be a \$200 charge.

Cancellation Fees:

- Colonoscopy: \$200
- Endoscopy: \$200
- Flexible Sigmoidoscopy: \$200
- Interstim: \$200
- Capsule Endoscopy: \$100
- Anorectal Manometry: \$100
- Hemorrhoid Banding: \$20
- Follow Up: \$20

*****Any procedure cancellations need to be made 5 business days prior to the scheduled date to avoid any cancellation fees. Follow up appointments need to be cancelled 2 business days prior*****

Patient Name: _____ DOB: _____

Patient Signature: _____ Date: _____

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