

## ANAL MANOMETRY INSTRUCTIONS

Test Date and Time: \_\_\_\_\_ Follow up date and Time: \_\_\_\_\_

### What is Anorectal Manometry?

Anorectal Manometry is a test performed to evaluate patients with constipation or fecal incontinence. This test measures the pressures of the anal sphincter muscles, the sensation in the rectum, and the neural reflexes that are needed for normal bowel movements.

### Preparation for the Procedure

1. Give yourself **one** Fleet enemas two to three hours prior to your scheduled time. You can purchase the fleet enema from a pharmacy or supermarket over the counter.
2. You may take regular medications with small sips of water at least 3 hours prior to study.
3. You should not eat anything during the three hours prior to the procedure. If you are a diabetic, this may involve adjusting your diabetic medications

### Cancellation Fees:

**As a courtesy to other patients who are waiting for appointments, we require that you provide us with notice of any cancellation of an appointment. Missed or cancelled appointments are subject to the following fees, which are not covered by your insurance:**

Surgical Center or Hospital Procedure with less than 72 hours' notice..... \$75  
In-office Procedure with less than 24 hours' notice ..... \$50  
Office visit with less than 24 hours' notice ..... \$25

In addition, I understand that missed appointments or appointments cancelled without required notice may result in a fee charged by the applicable Surgical Center, Hospital, or other facility. I understand that there is a charge for returned checks for any reason (check with your office's staff for specific fees charged). Failure to remedy the returned check may result in legal action. Additionally, there may be a fee charged for completing forms (check with your office's staff for specific fee charged) and copying medical records in accordance with state laws.

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_