

INSTRUCTIONS FOR HALO PROCEDURES

The facility will call you with the instructions and arrival time 2 business days before your procedure.

FACILITY	ADDRESS	PHONE#
LAKE MONROE HOSPITAL	1401 West Seminole Blvd. Sanford, FL	888-894-2106

Session 1: _____ Physician: _____

Session 2: _____ Physician: _____

Session 3: _____ Physician: _____

Follow-up Date & Time: _____

INSTRUCTIONS

- Continue taking routine medications, including blood pressure and heart medications.
- If **diabetic**, take ½ of your usual dose of insulin the morning of your procedure.
- **Before stopping any blood thinner**, contact your prescribing provider.
- **7 days before** your procedure, **hold/do not take** Mounjaro, Ozempic, Rybelsus, Trulicity, or Wegovy
- **5 days before** your procedure, **hold/do not take** the following medications:
 - Coumadin, Plavix, Effient, or Brilinta
 - Aleve, Motrin, Naproxen, or Ibuprofen [Tylenol is safe to use]
 - Iron supplements, vitamins, or herbal supplements
- **2 days before** your procedure, **hold/do not take** Pradaxa, Eliquis, or Xarelto.
- **No solid food after midnight.**
- Until **3 hours before** your procedure time, you may drink **clear liquids (NO RED/DARK COLORS)**. You may also take any necessary **medication** with a small sip of water. **At the 3-hour mark, take nothing by mouth including water.**
- You must have a friend or family member drive you to and from the facility. No form of taxi or ride-sharing service is permitted.

CANCELLATION FEES

I understand that missed or cancelled appointments are subject to the following fees:

Surgical Center or Hospital Procedure with less than 72 hours' notice.....	\$75
In-office Procedure with less than 24 hours' notice	\$50
Office visit with less than 24 hours' notice	\$25

In addition, I understand that missed appointments or appointments cancelled without required notice may result in a fee charged by the applicable Surgical Center, Hospital, or other facility. I understand that there is a charge for returned checks for any reason (check with your office's staff for specific fees charged). Failure to remedy the returned check may result in legal action. Additionally, there may be a fee charged for completing forms (check with your office's staff for specific fee charged) and copying medical records in accordance with state laws.

Name

DOB

Signature

Date

Please call our office if you have any questions or concerns.

**2884 Wellness Ave,
Suite 100
Orange City, FL 32763
(386) 668-2221**

**929 N Spring Garden Ave,
Suite 150
DeLand, FL 32720
(386) 339-2692**

**835 Currency Circle,
Suite 1001
Lake Mary, FL 32746
(407) 749-6656**