

INTERSTIM PREPARATION

Procedure Date: _____

Provider Name: _____

The facility will call you with the instructions and arrival time 2 business days before your procedure.

FACILITY	ADDRESS	PHONE NUMBER
WELLNESS AVENUE SURGERY CENTER	2863 Wellness Ave. Orange City, FL	386-297-7239
CURRENCY CIRCLE SURGERY CENTER	835 Currency Circle, Suite 1021 Lake Mary, FL	407-544-6643

Follow-up Appointment Date and Time: _____

OFFICE	ADDRESS	PHONE NUMBER
ORANGE CITY	2884 Wellness Avenue, Suite 100 Orange City, FL	386-668-2221
LAKE MARY	835 Currency Circle, Suite 1001 Lake Mary, FL	407-749-6656
DELAND	929 N Spring Garden Ave, Suite 150 DeLand, FL	386-339-2692
OVIEDO	8400 Red Bug Lake Road, Suite 2090 Oviedo, FL	407-605-6511

WHAT IS INTERSTIM?

Medtronic Bowel Control Therapy delivered by the InterStim system controls the symptoms of FI by gently stimulating the sacral nerve. With this therapy, you may experience fewer episodes, fewer accidents, and more confidence as you get back to the activities you enjoy.

INSTRUCTIONS

- Continue taking routine medications, including blood pressure and heart medications.
- If **diabetic**, take ½ of your usual dose of insulin the morning of your procedure.
- **Before stopping any blood thinner**, contact your prescribing provider.
- **7 days before** your procedure, **do not take** Mounjaro, Ozempic, Rybelsus, Trulicity, or Wegovy
- **5 days before** your procedure, **do not take** the following medications:
 - Coumadin, Plavix, Effient, or Brilinta
 - Aleve, Motrin, Naproxen, or Ibuprofen [Tylenol is safe to use]
 - Iron supplements, vitamins, or herbal supplements
- **3 days before** your procedure, **do not take** Jardiance.
- **2 days before** your procedure, **do not take** Pradaxa, Eliquis, or Xarelto.
- **No solid food after midnight.**
- Until **3 hours before** your procedure time, you may drink **clear liquids (NO RED/DARK COLORS)**. You may also take any necessary **medication** with a small sip of water. **At the 3-hour mark, take nothing by mouth including water.**
- You must have a friend or family member drive you to and from the facility - no form of taxi or ride-sharing service is permitted.
- Due to receiving anesthesia, you must have a responsible adult stay with you for 12 hours post-procedure.

CANCELLATION FEES

I understand that missed or cancelled appointments are subject to the following fees:

Surgical Center or Hospital Procedure with less than 72 hours' notice.....	\$75
In-office Procedure with less than 24 hours' notice	\$50
Office visit with less than 24 hours' notice	\$25

In addition, I understand that missed appointments or appointments cancelled without required notice may result in a fee charged by the applicable Surgical Center, Hospital, or other facility. I understand that there is a charge for returned checks for any reason (check with your office's staff for specific fees charged). Failure to remedy the returned check may result in legal action. Additionally, there may be a fee charged for completing forms (check with your office's staff for specific fee charged) and copying medical records in accordance with state laws.

Name _____ DOB _____ Signature _____ Date _____

Please call our office if you have any questions or concerns.

**2884 Wellness Avenue
Suite 100
Orange City, FL 32763
(386) 668-2221**

**929 N Spring Garden Avenue
Suite 150
DeLand, FL 32720
(386) 469-7993**

**835 Currency Circle
Suite 1001
Lake Mary, FL 32746
(407) 749-6656**

**8400 Red Bug Lake Road
Suite 2090
Oviedo, FL 32765
(407) 605-6511**